Home birth decreasing C/s Rate

* Home births can significantly reduce the caesarean rate on low risk clients in that;
* at home moms are more relaxed in their own environment not being subjected the usual rules and regulations of a hospital.
* Lots of family support which is also known to help mom relax
* Guaranteed privacy allowing the client to relax more
* It is known moms on entering strange places have an increase in adrenalin-------------thus slowing down labour and increasing needs for intervention
* Less technology: There is less use of medical intervention & therefore fewer complications that occur due to them.
* Much lower incidence of medical interventions required / low C/S rate
* There is less risk of infection in labour as there are no hospital acquired infections only moms
* It has been documented that home births on low risk clients have a lower mortality and morbidity rate.
* Moms are more committed & well prepared for their home birth not “handing themselves over “ to medical -------